



2022 COVID-19 Safety Plan - Baseball

Philadelphia Dragons Sports
Association





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Development and Revision Tracking

Action	Approval Date
Developed	February 22, 2022
Reviewed and Approved by Roger A. Band, MD*	March 11, 2022
Approved by PDSA Board of Directors	March 11, 2022

- <https://www.linkedin.com/in/roger-band-4a110978/>
- Dr. Band does not represent Jefferson Health in his assistance with this COVID-19 Safety Plan
- All material has been developed using the CDC, Philadelphia Department of Public Health, and Little League Baseball.



Document Purpose

- In light of the ongoing COVID-19 pandemic, Philadelphia Dragons Sports Association (PDSA) has developed a document to guide safety for return to little league baseball (the 2022 COVID-19 Safety Plan).
- This document relies on the most recent Federal, State, and local guidance, including guidance from the CDC, City of Philadelphia, and Little League Baseball, and PDSA may update and revise this plan to reflect updated guidance in its discretion.
- This document is meant to serve as a resource for players, parents, coaches, umpires, and the Board of Directors to maintain safe play and make appropriate decisions as necessary.
- The League Safety Officer will work with the Baseball Director, Board President, and League Commissioners on all interpretations and issues as they arise.
- The League Safety Officer will have final determination for all situations that may arise.
- These guidelines are to be followed by all PDSA baseball teams, including in-house league and travel teams.
- All participants will agree to a waiver Medical Waiver as part of the registration process that assumes personal assumption of risk as it relates to COVID-19 (and other medical issues).
- At the point of any material revision, which may be driven by CDC, City of Philadelphia, Little League Baseball, the revised Safety Plan will be emailed to all registered participants



Key Individuals and Contacts

Name	Role	Email	Phone
GENERAL COVID CONTACT	First Contact	covid19@phillydragons.com	484.302.1552
Bryan Seder	League Safety Officer	sedempt@aol.com	215.327.1693
John Maher	President PDSA Baseball Director Minors Commissioner	john@phillydragons.com	484.302.1552
Dave Inscho	Majors Commissioner	david.inscho@klinespecter.com	267.408.5247
Kevin Pelegrin	Tee Ball Commissioner	ktpelegrin@hotmail.com	267.438.1900
Ned Tompsett	Pee Wee Commissioner	coachned@phillydragons.com	215.380.1661
Steve Landin	AAA Commissioner	slandin@phillydragons.com	609.271.2640



PDSA Requirements

- Vaccination
 - All participants (coaches, volunteers, and players) who are eligible for COVID-19 vaccination must be fully vaccinated prior to the start of the season. Any exemptions may only be approved by the league President.
- Masking
 - PDSA will making mask decisions based upon the City of Philadelphia COVID-19 Response Level (<https://www.phila.gov/programs/coronavirus-disease-2019-covid-19/guidance/covid-19-response-levels/>)
 - Level 1: All Clear – masking will be optional but not required
 - Level 2: Mask Precautions – masking will be optional for outdoor activities but required for indoor activities
 - Level 3: Caution and Level 4: Extreme Caution – masking will be required for all PDSA activities regardless of indoor or outdoor
 - Based on other factors and/or with the advice of our medical advisors, PDSA may choose to mandate mask wearing regardless of City Response Level if we believe that it is warranted.



PDSA Requirements

- Approved Mask Wearing
 - During any period when masks are required all individuals (participants, spectators, umpires, etc.) must wear approved masks.
 - KN95
 - N95
 - KF94
 - Surgical Masks
 - Cloth masks, gaiters, and masks with valves are not acceptable.
 - When masks are required they must be worn properly, fully covering the nose and mouth.

Protocols



COVID-19 Signs and Symptoms

- People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. Anyone can have mild to severe symptoms. People with these symptoms may have COVID-19:
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
- If you are sick and/or experiencing any symptoms of COVID-19:
 - Do not attend any game or practice and reach out to COVID19@phillydragons.com.
 - Get tested (rapid or PCR) and suspend participation until a negative test result.
 - Mask for 5 days



Close Contact Defined

- Close Contact Definition (CDC)
 - Someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to test specimen collection) until the time the patient is isolated.



Close Contact Defined

- What To Do After Close Contact (CDC)
 - If not up to date on vaccines:
 - Stay home for 5 days after your last contact with a person who has COVID-19, and mask for a full 10 days.
 - Watch for fever (100.4°F), cough, shortness of breath, or [other symptoms](#) of COVID-19
 - If possible, stay away from others, especially people who are at [higher risk](#) for getting very sick from COVID-19
 - If up to date on vaccines:
 - Monitor for symptoms
 - May continue activities
 - Test 5 days after exposure
 - Mask for 10 days

Exposed to a COVID-19 Infected Individual Protocol



- If a volunteer, umpire (or any other personnel) came in close contact with a COVID-19 infected individual outside of a PDSA event or game, that person must report exposure to:
 - covid19@phillydragons.com
 - This includes any family member living in the same household

Positive COVID-19 Diagnosis Self-Report Protocol



- Any player, coach, umpire, or other league official that is diagnosed with COVID-19 must report the positive test to covid19@phillydragons.com.
- The Executive Board and League Safety Officer will rely on City of Philadelphia Department of Public Health existing contact tracing protocols and will attempt to notify any obvious close contact of risk
 - For example, we will notify a player or coaches team of a positive diagnosis within that team
 - If there is a definitive exposure on a team in our Pee Wee division where vaccination is not yet an option, PDSA may suspend that team's activities (practice, games, etc.) for up to 10 days unless otherwise instructed by the Philadelphia Department of Public Health
- The Executive Board and League Safety Officer will give them league guidance and instructions on quarantine and return to play.



Return to Play From COVID-19 Positive Test

- An individual who tested positive for COVID-19 may return to play after ALL of the following criteria have been met:
 - It has been at least 5 days since symptoms were first observed;
 - It has been three days (24 hours) fever-free without any medicine for fever reduction;
 - It has been three days (24 hours) since symptoms have improved;
 - Fever has resolved without the use of fever-reducing medications;
 - Respiratory symptoms (e.g., cough, shortness of breath) have resolved;
 - And masking for 10 days since symptoms were first observed.